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Comparison for Theresa Smith of exams performed on 3/22/14 and 3/22/14

Your LeanScreen Front Profile Comparison







Comparison Summary				
	3/22/14	3/22/14	Change	
Weight	130 lb	115 lb	15 lb	
PBF	21%	16%	5%	
BMI	22.3	19.7	2.6	
WHR	0.76	0.74	0.02	
LBM	102.7 lb	96.6 lb	6.1 lb	
BMR	1,263 kcal	1,329 kcal	65 kcal	



Your LeanScreen Side Profile Comparison

3/22/14

3/22/14









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Previous PBF: 21%				
Essential Fat	up to 13%			
Athletes	14 - 20%			
Fitness	21 - 24%			
Acceptable	25 - 31%			
At Risk	32% +			
Previous BMI: 22.3				
Below 18.5	Underweight			
18.5 - 24.9	Healthy			
25.0 - 29.9	Overweight			
30 and Above	Obese			
Previous WHR: 0.8				
Acceptable - Low Risk				
Excellent	up to 0.75			
Good	0.75 - 0.80			
Unacceptable	Unacceptable - High Risk			
Average	0.80 - 0.85			
High	0.85 - 0.90			
Extreme	0.90 +			

Current PBF: 16%			
Essential Fat	up to 13%		
Athletes	14 - 20%		
Fitness	21 - 24%		
Acceptable	25 - 31%		
At Risk	32% +		
Current BMI: 19.7			
Below 18.5	Underweight		
18.5 - 24.9	Healthy		
25.0 - 29.9	Overweight		
30 and Above	Obese		
Current WHR: 0.7			
Acceptable - Low Risk			
Excellent	up to 0.75		
Good	0.75 - 0.80		
Unacceptable - High Risk			
Average	0.80 - 0.85		
High	0.85 - 0.90		
Extreme	0.90 +		





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Your LeanScreen Side Profile Comparison 3/22/14 3/22/14





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