Advanced Health Trinity Postureco

3152 Little Road Suite, Trinity, Fl 34655 866.577.7297 www.PostureAnalysis.com



Comparison for Kelly Smith of exams performed on 2/17/17 and 6/4/19

Your LeanScreen 3D Scan Comparison

2/17/17







Comparison Summary			
	2/17/17	6/4/19	Change
Weight	115 lbs	127 lbs	12 lbs
PBF	28%	28%	0%
WHR	0.85	0.76	0.09
LBM	83.2 lbs	91.2 lbs	8 lbs
BMR	1,235.15	1,287.35	52.20
FBM	31.8 lbs	35.8 lbs	4 lbs
BMI	18.6	20.5	1.9



Measurements Summary			
	2/17/17	6/4/19	Change
Neck	13.5 in	14.2 in	-0.7 in
Waist	31.4 in	29.7 in	1.7 in
Abdomen	32.8 in	32.7 in	0.0 in
Hip	37.0 in	39.0 in	-2.0 in
LUA	n/a	n/a	n/a
RUA	9.5 in	10.7 in	-1.1 in
LUL	20.6 in	n/a	20.6 in
RUL	18.5 in	n/a	18.5 in





US PATENTS 8,721,567; 9,801,550; 9,788,759; with other Patents Pending Internationally © PostureCo, Inc. www.PostureAnalysis.com

Advanced Health Trinity Postureco

3152 Little Road Suite, Trinity, FI 34655 866.577.7297 www.PostureAnalysis.com



Comparison for Kelly Smith of exams performed on 2/17/17 and 6/4/19

Previous PBF: 28%		
Essential Fat	up to 13%	
Athletes	14 - 20%	
Fitness	21 - 24%	
Acceptable / Average	25 - 31%	
At Risk / Obese	32% +	

Previous WHR: 0.85		
Excellent	up to 0.75	
Good	0.75 - 0.80	
Average	0.80 - 0.85	
High	0.85 - 0.90	
Extreme	0.90 +	

Previous BMI: 18.6		
Below 18.5	Underweight	
18.5 - 24.9	Healthy	
25.0 - 29.9	Overweight	
30 and Above	Obese	

Current PBF: 28%		
Essential Fat	up to 13%	
Athletes	14 - 20%	
Fitness	21 - 24%	
Acceptable / Average	25 - 31%	
At Risk / Obese	32% +	

Current WHR: 0.76		
Excellent	up to 0.75	
Good	0.75 - 0.80	
Average	0.80 - 0.85	
High	0.85 - 0.90	
Extreme	0.90 +	
Current BMI: 20.5		
Below 18.5	Underweight	
18.5 - 24.9	Healthy	
25.0 - 29.9	Overweight	
30 and Above	Obese	