

Anterior View

Right Lateral View





Posture Displacements

Body Region	Anterior Translations	Anterior Lateral Angulations Translations		Lateral Angulations	
Head	0.09" left	1.4° right 0.91" anterior		9.08° flexed	
Shoulder	0.05" left	1.5° right	1.5° right 0"		
Ribcage	0.13" left	n/a	n/a	n/a	
Hip/Pelvis	0.23" left	1.0° right	0.76" anterior	3.06° flexed	
Knee	n/a	n/a	1.09" anterior	4.37° flexed	
Total	0.49"	3.9°	2.76"	16.5°	

Posterior View

Left Lateral View



Estimated Effective Head Weight secondary to head vs. shoulder posture is 16.5 lbs instead of 8.8 lbs

Averaged Lateral Postural Displacements

	Head	Shoulder Hip/Pevlis		Кпее	
Lateral Translations	0.88" anterior	0.83" anterior	0.74" anterior	1.47" anterior	
Lateral Angulations	9.32° flexed	2.12° extended	3.01° flexed	5.52° flexed	

Posture Displacements

Body Region	Posterior Translations	Posterior Lateral Angulations Translations		Lateral Angulations	
Head	0.01" right	1.6° right	0.86" anterior	9.56° flexed	
Shoulder	0.20" left	2.0° right	1.66" posterior	4.24° extended	
Ribcage	0.43" right	n/a	n/a	n/a	
Hip/Pelvis	0.48" right	3.4° right	0.71" anterior	2.96° flexed	
Knee	n/a	n/a	1.85" anterior	6.68° flexed	
T1-T4	0.07" left	1.1° left	n/a	n/a	
T4-T8	0.12" left	2.6° left	n/a	n/a	
T8-T12	0.07" right	0°	n/a	n/a	
T12-L3	0.23" right	3.7° right	n/a	n/a	
L3-Mid PSIS	0.05" left	1.5° left	n/a	n/a	
Total	1.66"	15.8°	5.07"	23.4°	



Advanced Postural Displacements

	Anterior		Posterior		Skull Flex/Ext	CVA	Thoracic	Pelvic Tilt
Right Q-Angle	13.8°	Left Ankle	0.0° neutral	Right	19.7°	59.5°	32.0°	17.6°
Left Q-Angle	8.8°	Right Ankle	5.4° supination	Left	23.7°	64.8°	25.4°	14.5°
				Average	21.7°	62.2°	28.7°	16.1°

Client Notes

Follow exam while at gym. Has been doing exercises for posture as prescribed.



Anterior View





Right Lateral View





Posterior View





Left Lateral View

