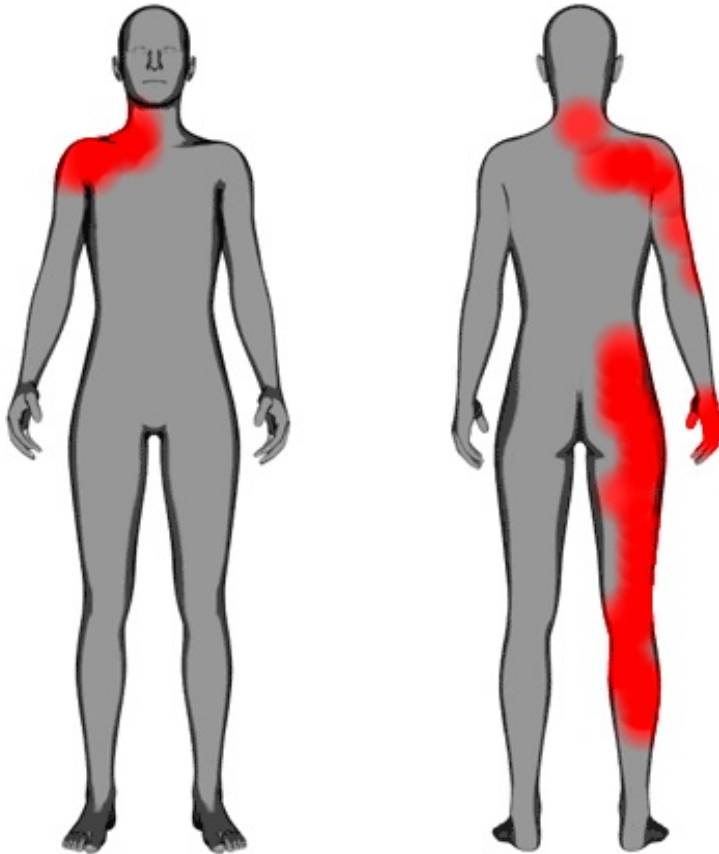
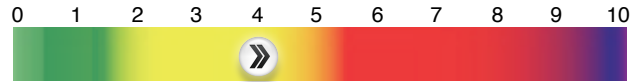


PostureScreen Stress Survey Report for Johnny Doe on 9/25/11

In health, symptoms are usually the last finding to manifest and the first finding to leave. However, symptoms can resolve, but the cause may still persist. As an example, think of tooth decay and a cavity not always being symptomatic but yet persistent until corrected. Below on the diagram you noted areas of symptoms/pain which is denoted in the color red. It is important to note that spinal/postural displacements known as subluxations can contribute or even be the root cause of these symptoms that you reported and thus should be investigated by a health care professional.



PAIN SCALE



During this assessment, you noted that your pain was 4 out of 10 (worst possible pain). Remember that pain and symptoms can be directly associated abnormal faulty body structure - ie. Abnormal Posture

Below you will see a list of your reported stress related symptoms which in many cases can be traced back to levels in your spine and posture. Consequently, these are listed by spinal regions.

Cervical Spine

- Neck Pain
- Headaches
- TMJ
- Hearing Disturbances
- Thyroid Conditions
- High blood pressure
- Numbness in arms/hands
- Pain in shoulders/arms/hands
- Dizziness
- Allergies/Hay fever

Thoracic Spine

- Midback/Shoulder blade pain
- Asthma/Wheezing
- Pain w/deep breath/expiration
- Tired/Irritable w/out eating
- Recurrent lung infections/Bronchi
- Shortness of breath
- Pain in ribs/chest
- Hypoglycemia
- Family hx of Diabetes

Lumbar Spine

- Low back pain
- Numbness in legs/feet
- Frequent/difficulty urinating
- Muscle cramps in legs/feet
- Coldness in legs/feet
- Recurrent bladder infecions
- Menstrual irregularities/cramping

As noted above, in many cases, spinal and postural mal-alignment (termed subluxation) can contribute or even be the root cause of the symptoms you have described above. It is thus recommended consult a health care professional and strive to improve your spinal and postural structural alignment to as near normal plumb as possible.